

# REGISTRATION FORM

**Co-Dependency Workshop Registration Form**  
(If registering as a group, please list all names)

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Note: Registration confirmation will be sent via e-mail only**

## WORKSHOP FEES:

### Workshop

### Price

- |                                                             |                                                                                                         |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> <b>Understanding Co-Dependency</b> | <input type="checkbox"/> \$10.00 per individual<br><input type="checkbox"/> \$15.00 per 2 person family |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|

- |                                                                       |                                                                                                         |
|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> <b>Skill Sets to Eliminate Co-Dependency</b> | <input type="checkbox"/> \$10.00 per individual<br><input type="checkbox"/> \$15.00 per 2 person family |
|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|

## **PAYMENT METHOD:**

Cash: \_\_\_\_\_

Check #: \_\_\_\_\_

*There will be a \$25 fee for all returned checks.  
Make checks and Purchase Orders out to "LDA"*

Credit Card #: \_\_\_\_\_

Exp.: \_\_\_\_ CCV Code: \_\_\_\_ Type:  VISA  MC

Card Holder's Signature: \_\_\_\_\_

**Check/Cash must accompany registration form.  
Send payment and registration to:**

LDA Life and Learning Services  
Attn: Co-Dependency Workshop Series  
339 East Ave., Suite 420  
Rochester, NY 14604

Fax 585-263-2461 Phone 585 263 3323 x211  
www.LDARochester.org

LDA  
**LIFE AND LEARNING**  
SERVICES

339 East Avenue  
Suite 420  
Rochester, NY 14604

## *LDA Life and Learning Services*

*Presents*

*A Workshop Series on*

## **Co-Dependency**

*"Learning to Cut The Apron Strings"*

*With*

*Joseph P. Carlino*

**LCSW-R, SASAC, CETII**

## **Understanding Co-Dependency**

## **Minimizing Co-Dependency**

*These workshops are designed for:*

- *Parents who are struggling to help with their adult child becoming independent*
- *Human Service Professionals working with struggling families*

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# *Co-Dependency "Learning to Cut The Apron Strings"*

## *Workshop Series*

### Workshop I

#### Understanding Co-Dependency

Date: Wednesday February 18 , 2009  
Time: 6-9 pm

This workshop will help you to better understand co-dependency, the most common behaviors associated with co-dependency and the consequences of engaging in such behaviors. He will describe the history of co-dependency.

Mr. Carlino will discuss:

- The characteristics of co-dependency
- How co-dependency develops in families
- How to identify co-dependent behaviors
- Care taking behaviors when over used
- Letting go "with love"

### Workshop II

#### Minimizing Co-Dependency

Date: Wednesday April 1st, 2009  
Time: 6-9 pm

A continuation of workshop I - this workshop will engage the audience through activities and discussion to better understand the consequences of co-dependent behaviors and help to develop strategies to begin to change co-dependent behaviors.

Mr. Carlino will discuss:

- The characteristics of co-dependency
- How to recognize co-dependent and enabling behaviors
- How to avoid "the trap" of co-dependent relationships
- Hands on practice to develop and support new behaviors to minimize co-dependency.

**These workshops are held at the location listed below**

LDA Life and Learning Services  
339 East Avenue - 4th floor  
Rochester, NY 14604

**Free parking is available in the lot behind  
Bethel Christian Fellowship Church**

### Presenter

Joseph P. Carlino LCSW-R, SASAC, CETII

Mr. Carlino has extensive training and experience with treating co-dependency. His work with families has been beneficial with many people he has worked with over the years.

Mr. Carlino has over 30 years of experience in additions, psychiatric Social Work, Co-dependency and trauma therapy. He has designed and implemented depression, anger management, chemical dependency programs and family therapy programs using action methods. For the last 16 years he has also worked with veterans treating post-traumatic stress disorder, depression, anger management and drug and alcohol problems.

He is a licensed NYS Clinical Social Worker and a credentialed Alcoholism and Substance Abuse Counselor (CASAC).

He is a member of the National Association of Social Workers (NASW), The American Society of Group Psychotherapy and Psychodrama (ASGPP) and The American Society of Experiential Therapy (ASET).

#### **Who should attend?**

- Parents
- Mental Health Service Providers
- Social Workers
- Special & General Education Teachers
- Juvenile Justice System providers
- Human Service providers